

## STEPS TO TACKLE THAT PLAN, GOAL OR PROJECT

HERE AT NARIVA BOUTIQUE, OUR MISSION IS TO HELP WOMEN LIVE LIFE MORE GREGARIOUSLY.

WE ARE FUN SEEKERS, SUNNY SIDE UP PEOPLE AND WANT OUR COMMUNITY TO CHILL THE HECK OUT!



#### **STEP ONE**

Identify the ONE thing you want to achieve (best to have ONE or TWO max)



#### **STEP TWO**

Break that ONE thing down into small steps. The smaller the step the better and write them down. This is your 'Action List'



### **STEP THREE**

Sit down, think about who can help you with this project, plan or goal and what resources you need to get things done... Go back to step TWO and see whether you can further incorporate 'The Helper(s)' steps into your 'Action List'



#### STEP FOUR

Tackle that 'Action List' or baby steps with consistency and vigor



#### **STEP FIVE**

Reward yourself! Want some ideas we can help... visit us here.

# STEP SIX REPEAT STEP TWO UNTIL YOU HAVE CONQUERED THAT SH\*T!

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